

## Course Outline: SG Coach Taekwondo Level 2 (Full Integration) Course

Singapore Coach Excellence (SG Coach) Taekwondo Level 2 Full Integration Program comprises of SG Coach Theory Level 2, Intermediate Sport Science (ISS) & Taekwondo Technical Components. Participants will go through online modules, practical session on modules in a systematic approach to coaching, coach as a leader, season planning, etc. Feedback will also be given throughout the course to encourage active participation.

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| <b>Day/Date/Time:</b> | <p>Day 1: Monday, 28 Sep 2026, 7:00pm – 10:00pm<br/> Day 2: Tuesday, 29 Sep 2026, 7:00pm – 10:00pm<br/> Day 3: Friday, 2 Oct 2026, 7:00pm – 10:00pm<br/> Day 4: Saturday, 3 Oct 2026, 9:00am – 6:00pm*<br/> Day 5: Sunday, 4 Oct 2026, 9:00am – 6:00pm*<br/> Day 6: Monday, 5 Oct 2026, 7:00pm – 10:00pm<br/> Day 7: Tuesday, 6 Oct 2026, 7:00pm – 10:00pm<br/> Assessment Day: Saturday, 10 Oct 2026, 9:00am – 6:00pm*<br/> Assessment Day: Sunday, 11 Oct 2026, 9:00am – 6:00pm*<br/> <i>*Lunch break (1:00pm to 2:00pm) will be given on Saturdays and Sundays.</i></p> <p><b>Note: Participants are required to have 100% attendance in order to fulfill the course requirements.</b></p> |
| <b>Venue:</b>         | <p>The Sport Singapore (SportSG)<br/> 3 Stadium Drive, Singapore 397630</p> <p>28 Sep – 7pm to 10pm: CoachSG Room<br/> 29 Sep – 7pm to 10pm: Auditorium<br/> 2 Oct – 7pm to 10pm: Auditorium<br/> 3 Oct – 9am to 6pm: <b>TBC</b><br/> 4 Oct – 9am to 6pm: Auditorium<br/> 5 Oct – 7pm to 10pm: Auditorium<br/> 6 Oct – 7pm to 10pm: Auditorium<br/> 10 Oct – 9am to 6pm: Auditorium<br/> 11 Oct – 9am to 6pm: Auditorium</p>                                                                                                                                                                                                                                                                  |
| <b>Dress Code:</b>    | STF approved 'Dobok' with Taekwondo shoe/covered shoes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

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| <p><b>Pre-Requisites:</b></p> | <ul style="list-style-type: none"> <li>• Minimum 2<sup>nd</sup> Dan Black Belt issued by STF</li> <li>• Minimum 18 years old (based on calendar year)</li> <li>• Participant must be a member of STF's Affiliated Club</li> <li>• Valid Standard First Aid Certificate</li> <li>• Understanding Safe Sport as a Coach Certificate</li> <li>• SG Coach Excellence Programme Taekwondo Level 1 (Full Integration) OR NCAP Theory Level 1 + NCAP Taekwondo Technical 1 + Foundational Sports Science (FSS) Certificate</li> <li>• Experience in Coaching Taekwondo</li> </ul> <p><i>Note: Prior to attending face-to-face sessions, all course participants are required to go through and complete online modules via the SportSG-Ed portal. Link and instructions will be sent to all course participants at least 2 weeks prior to commencement of course.</i></p> |
| <p><b>Assessments:</b></p>    | <p>Practical and Theory Assessments will be conducted at the end of the course. <b>Participants must achieve 100% attendance to be eligible for the Tests.</b></p> <p>1. Sg Coach Level 2 (Taekwondo)</p> <ul style="list-style-type: none"> <li>• Practical Assessment</li> <li>• Theory Assessment</li> </ul> <p><b>Note: Participants are to pass all hands-on tasks as covered in the course. The core component to be assessed will be the Season Planning.</b></p> <p>2. Intermediate Sport Science (ISS) Exam** at Republic Polytechnic (RP)</p> <p><b>**Note: Exam/Re-exam fee NOT included in course fees and will be payable by participant to RP directly.</b></p>                                                                                                                                                                                      |

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| <b>Certification:</b> | <p>Participants will be awarded SG Coach Excellence Programme Taekwondo Level 2 (Full Integration) certificate upon successfully completion of all requirements of this course.</p> <p><b><i>Note: Certificates will only be released when participants have completed all pre-requisites, submitted all deliverables and have a valid registration with the National Registry of Coaches (NROC).</i></b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Registration:</b>  | <p>Closing date: Monday, 24 Aug 2026, 4:00pm<br/>Course fees: S\$981.00, inclusive of 9% GST</p> <p><b><i>Note: Slots are limited to <b>25 participants</b> on a first-come, first-served basis. STF reserves the right to ensure fair distribution of slots amongst the affiliate club participants. Participants seeking accreditation or exemptions must submit the relevant certificates to <a href="mailto:stkdf@mail.com">stkdf@mail.com</a> for evaluation prior to registration. Registration will only be considered confirmed upon receipt and verification of the required certificates.</i></b></p> <p><b><i>**Please DO NOT make any payment until your registration is confirmed.</i></b></p>                                                                                                                                                                                                                                                                                                           |
| <b>Disclaimer:</b>    | <p>The STF reserves the right to cancel or postpone the course at its discretion. The STF, its servants and agents, shall not be held liable for any claims arising from injury, damage, or loss suffered or caused while attending the course. This includes all costs and expenses incurred as a result of such claims.</p> <p><b><i>Note: By interacting with us, submitting information to us, or signing up for any products and services offered by us, you agree and consent to the Singapore Taekwondo Federation, as well as its agents and representatives (collectively referred to herein as the “Federation”, “us”, “we”, or “our”), collecting, using, disclosing, and sharing your personal data among themselves, and disclosing such personal data to the Federation’s authorised service providers and relevant third parties in the manner set forth in this Data Protection Policy. Please refer to the Singapore Taekwondo Federation’s Data Protection Policy for more information.</i></b></p> |

Updated as of Jul 2026